Parent’s goals and preferences around ADHD inform treatment decisions

Date:

Monday, September 02, 2013

In a recent study published in *Pediatrics*, PolicyLab’s Alex Fiks examined how parental goals for ADHD treatment, such as whether a parent’s primary concern is academic performance or disruptive behavior, can influence treatment decisions, such as whether a child receives medication or behavioral therapy. These findings support recent national guidelines for ADHD management that encourage the formal solicitation of goals and preferences from parents and children. This approach is an important component of shared decision making, an increasingly common process in which clinicians contribute professional knowledge while families contribute their values and personal experience in order to reach decisions together.

For more information about the study, see the following article from Reuters here.

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