

## Thais Costa Macedo de Arruda

Clinical Research Coordinator

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Thais Arruda is a clinical research coordinator at PolicyLab at Children's Hospital of Philadelphia (CHOP). She joined CHOP in 2024 as a student clinical assistant and has since contributed to projects aimed at improving child and maternal health. Thais enjoys mixed-methods and community based participatory research.

She holds a Bachelor's of Science in Neuroscience from Temple University, where she focused her studies on the intersection between neuroscience and public health. Prior to joining CHOP, she worked as a research assistant in various projects involving substance use recovery, childhood trauma, and mental health outcomes. Thais is passionate about improving health outcomes for children and mothers and plans to continue developing expertise as she pursues future academic or professional goals.



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### Research Interests

- [Family-centered Interventions in Pediatrics](#)
- [Maternal-Child Health](#)
- [Public Systems & Community Programs](#)
- [Equitable Access to Services](#)
- [Social & Environmental Determinants of Health](#)
- [Program Implementation & Evaluation](#)

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