

## Top Blog Posts of 2024

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As PolicyLab's blog editor, I have the pleasure of reading every piece that we publish on our website. I get to experience the variety of topics our PolicyLab researchers cover, and hear directly from them as well as CHOP colleagues and guest authors about how research and policy can make an impact, from health care practice to communities.

2024 has been another year of fantastic content. Though difficult to pick just a few, I'm **counting down 5 blog posts** from this year that stood out to me—and to our readers!—as they had some of our highest views and most engagement:

5. [What a Caregiving Agenda Could Mean for Families in Rural Pennsylvania](#)
4. [Syringe Services Programs Are Critical for Adolescents and Young Adults: Research and Clinical Perspectives](#)
3. [Q&A: Engaging Communities to Alleviate Period Poverty with Lynette Medley](#)
2. [A Sense of Purpose Can Support Teen Mental Health](#)

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**We also continued to see posts from past years among our most-read.** For example, one of the top posts was from 2022, written by PolicyLab researcher Dr. Alix Timko and CHOP research postdoctoral fellow Dr. Marita Cooper: [Body Dissatisfaction, Body Image Disturbance, Body Dysmorphia: A Primer for Providers, Caregivers and Media](#).

I look forward to continuing the conversation on issues impacting the health and well-being of youth and families in 2025. We welcome guest authors, so if you're interested in blogging on a topic that helps our

audience understand children’s health research, policy, and practice, please reach out to me.

**Happy New Year!**



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