

## Our Top 5 Blog Posts of 2023

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After another busy and exciting year at PolicyLab, we're taking time to reflect on 2023 by revisiting our most-read blog posts of the year.

Count down the five most-read 2023 PolicyLab blog posts below:

5. [Teens Need Access to High-quality, Comprehensive Digital Information About Reproductive Health Options](#)
4. [Naloxone is Going "Over the Counter:" Will it Reach Our Kids?](#)
3. [BMI Screenings in Schools – A Failing Report Card?](#)
2. [The Importance of Medicaid Continuous Enrollment Policies for Children and Families](#)

**[CLICK HERE TO REVEAL THE TOP POST OF 2023!](#)**

*Honorable mention:* As the year comes to a close, we also recognize posts from past years that continue to be among our most-read. A 2022 post written by PolicyLab researcher Dr. Ariel Williamson and guest co-author Dr. Lisa Meltzer, [The Benefits of Healthy School Start Time Policy for Teens and Beyond](#), was another top-visited post.

In 2024, we look forward to sharing new research findings, informing meaningful policy change, and continuing to work together with our partners. The new year is an exciting time to recommit to our mission to achieve optimal health and well-being for children, teens and caregivers across the country.

**Happy New Year!**



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