

Is Orthorexia Another Form of Anorexia? Ft. C. Alix Timko, PhD

PolicyLab researcher Dr. Alix Timko was featured on a podcast discussing her research on orthorexia nervosa, an eating disorder that's characterized by a fixation on food purity and an avoidance of "unhealthy foods."

Source:

[Picture Blurrfect](#)

[Visit Link](#)