

## Enhancing Treatment and Utilization for Depression and Emergent Suicidality (ETUDES) in Pediatric Primary Care

### Statement of Problem

Suicide is one of the leading causes of death for adolescents. Rates of suicide and suicide attempts among adolescents have [risen dramatically](#) in the past decade, particularly among Black and Hispanic youth. Because many adolescents attend annual well-visits, primary care settings are critical for identifying and treating suicidal youth. However, there are challenges to identifying suicide risk and intervening once that risk is identified.

### Description

#### Enhancing Treatment and Utilization for Depression and Emergent Suicidality (ETUDES) in Pediatric Primary Care

Image



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The **ETUDES Center** is focused on augmenting the capacity of pediatric primary care to identify, refer and manage youth at risk for suicidal behavior.

Image



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The **ETUDES Center** is focused on augmenting the capacity of pediatric primary care to identify, refer and manage youth at risk for suicidal behavior.

Through this project, we will also test novel methods for detecting suicide risk and study interventions designed to target known risk factors for depression and suicidal behavior, namely poor sleep, low activity and online victimization.

The Enhancing Treatment and Utilization for Depression and Emergent Suicidality (ETUDES) Center represents a collaborative effort between

investigators at Children's Hospital of Philadelphia (CHOP), the University of Pittsburgh and several other institutions. The Center is focused on augmenting the capacity of pediatric primary care to identify, refer, and manage youth at risk for suicidal behavior, with a particular emphasis on making sure that the tools we develop are effective and acceptable for youth and families of color.

In the ETUDES Center, we will evaluate interventions to improve screening, treatment engagement, and safety planning in primary care for youth at risk for suicide, and we will test novel methods for detecting suicide risk. We will also study interventions designed to target known risk factors for depression and suicidal behavior, namely poor sleep, low activity and online victimization.

To further address the youth suicide crisis, the Center aims to train and support a national cohort of diverse early career scientists, facilitate provider training in suicide assessment and prevention, and serve as a national resource for youth suicide prevention research. Across all Center activities, we will work in close partnership with patients, caregivers, providers and health care leaders.

## Next Steps

Our ultimate goal is to develop implementation-ready tools for primary care providers that can reduce the rate of adolescent suicide and promote health equity.

For more information about the ETUDES Center, visit <https://www.etudescenter.org/>.

*This project page was last updated in May 2023.*

## Suggested Citation

Children's Hospital of Philadelphia, PolicyLab. *Enhancing Treatment and Utilization for Depression and Emergent Suicidality (ETUDES) in Pediatric Primary Care* [Online]. Available at: <http://www.policylab.chop.edu>. [Accessed: plug in date accessed here].

## PolicyLab Leads



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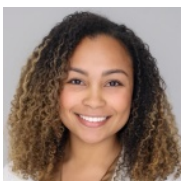
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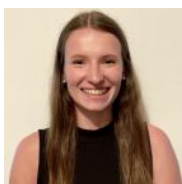
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## **Funders of Project**

National Institute of Mental Health (NIMH)

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## **Related Tools & Publications**

- [Suicide Prevention in Pediatric Health Care Settings](#)  
[Article](#)  
Dec 2023
- [Culturally Responsive Assessment of Suicidal Thoughts and Behaviors in Youth of Color](#)  
[Article](#)  
Oct 2023
- [Adolescent, Parent and Provider Perceptions of a Predictive Algorithm to Identify Adolescent Suicide Risk in Primary Care](#)  
[Article](#)  
Jan 2024

## **Related Projects**

[Navigating Mental Health Treatment for Black Youth](#)  
[Behavioral Health](#)