
Acceptability of Telehealth for Gender-affirming Care in Transgender and Gender Diverse Youth and Their Caregivers

Date:

Mar 2022

[Visit Article](#)

Gender-affirming care (GAC) is critical to the well-being of transgender and gender diverse youth and was limited by COVID-19 stay-at-home orders. Telehealth created opportunities for youth to continue receiving lifesaving care. We examined the attitudes of patients ($n=21$) and caregivers ($n=38$) receiving telehealth-delivered GAC (TGAC) from May to July 2020. Participants completed surveys after telehealth visits. Descriptive statistics compared telehealth with in-person visits across key domains. Overall, 86.5% of patients and 95.4% of caregivers were satisfied with medical TGAC and 94.3% and 93.3% were satisfied with behavioral health TGAC. Future research should determine the effectiveness of TGAC and identify areas for improvement.

Journal:

[Transgender Health](#)

Authors:

Apple DE, Lett E, Wood S, Freeman Baber K, Chuo J, Schwartz LA, Petsis D, Faust H, Dowshen N

Topics

[Health Needs in Adolescence](#)

Related Content

[Acceptability, Feasibility and Quality of Telehealth for Adolescent Health Care Delivery During the COVID-19 Pandemic: Cross-sectional Study of Patient and Family Experiences](#)

[Parents ASSIST: Acceptability and Feasibility of a Video-based Educational Series for Sexuality-Inclusive Communication between Parents and Gay, Bisexual and Queer Sons](#)