

Join Us for a Virtual Conversation: Optimizing Family Health Through WIC Modernization

Date:

Monday, February 28, 2022

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides nutritional support and education to food-insecure children and families in poverty.

WIC delivers important health benefits for families participating in the program, including [lower rates of preterm birth](#), [decreased food insecurity](#), prevention of childhood obesity and [improved nutrition](#) as well as addressing needs for women at risk of [maternal mortality](#). However, utilization of the program is low among families and enrollment continues to decline year to year. Even prior to the pandemic, only about half of all eligible families received WIC benefits due to factors including significant administrative burden when enrolling and accessing and redeeming benefits.

Join PolicyLab and Thriving PA on March 16 from 12-1 p.m. ET for “Optimizing Family Health Through WIC Modernization,” a virtual conversation with health care providers and policy and research experts who will share their perspectives on these issues and more. With a specific focus on how to improve WIC policy in Pennsylvania, they will discuss important questions such as: what opportunities exist to increase enrollment in and utilization of these important benefits? And how can we reduce administrative barriers for families and optimize use of WIC?

Panelists include:

- **Brian Dittmeier, JD**, senior director of public policy at the National WIC Association
- **Berry Kelly, MBA**, director of the Bureau of Community Nutrition Services (CNS) and State WIC director at the South Carolina Department of Health & Environmental Control
- **Laura Stephany, MPPM**, health policy manager at Allies for Children
- **Aditi Vasan, MD, MSHP**, faculty member at PolicyLab and pediatrician and health services researcher at Children’s Hospital of Philadelphia (CHOP)
- **Danielle Cullen, MD, MPH, MSHP**, faculty member at PolicyLab and assistant professor of pediatrics and pediatric emergency medicine at CHOP and the University of Pennsylvania’s Perelman School of Medicine (moderator)

Can’t join us live? Visit our website on March 17 for a link to the archived video.

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