Children's Hospital of Philadelphia
PolicyLab

Shelby Davies
MD

Faculty Member

Prior to joining CHOP, Dr. Davies received her medical degree from The New York University School of Medicine. She completed her pediatric training at the Residency Program in Social Pediatrics at The Children's Hospital at Montefiore in Bronx, New York, which provides pediatric medical training focused on the health of underserved urban children and adolescents in the context of the community.

Dr. Davies is passionate about advocating for adolescent health and social justice through patient care, education and research. Her primary research interests are in merging creative and interdisciplinary practice through multimodal methods with scholarly production, while engaging, empowering and elevating youth voices. Her research aims are to explore through personal narratives the lived experiences of adolescents and young adults who menstruate, understand the barriers and facilitators to adequate menstrual health and hygiene, and explore the impact of shame and stigma that exists around menstruation. By better understanding the lived experiences of this population, she hopes to generate ideas for future research, programmatic and policy change.



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