

Emma Edmondson MD, MSHP

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Emma Edmondson (she/her) is a faculty member at PolicyLab at Children's Hospital of Philadelphia (CHOP), an Academic General Pediatrics fellow at CHOP, and an attending physician in the Division of General Internal Medicine at the Hospital of the University of Pennsylvania. Broadly, Dr. Edmondson is interested in the prevention and management of nutrition-related chronic diseases like obesity and type 2 diabetes, across the lifespan. Her current projects focus on evaluating the impact of the Philadelphia Beverage Tax on low-income families with young children and on adolescents to understand how food policies may influence health behaviors tied to obesity and diabetes. As a physician trained in internal medicine and pediatrics, she is also dedicated to improving care for adolescents and young adults, especially in the transition from pediatric to adult care, to prevent poor health outcomes and loss to follow-up later in life. She is a firm believer in food and social justice and hopes her research will inform policies that create more equitable food and health systems.

Dr. Edmondson graduated from Oberlin College with a bachelor's degree in biology. Before attending medical school, she served as an AmeriCorps volunteer at a nonprofit in Cleveland, Ohio dedicated to fighting childhood hunger, food insecurity and obesity. She then earned her medical degree from Columbia University College of Physicians and Surgeons, and completed residency in internal medicine and pediatrics at Hospital of the University of Pennsylvania and CHOP.



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Research Interests

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