

## Our Top 5 Blog Posts of 2020

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As we reflect on another year of the PolicyLab blog in a time full of unprecedented challenges, the COVID-19 pandemic and its impact on children and families was certainly top of mind for the PolicyLab community and our partners.

### Count down the five most-read 2020 PolicyLab blog posts below:

5. [Creating Safe Environments During COVID-19 for Youth Who Have Endured Hardships](#)
4. [COVID-19 Disparities and Impacts on Emotional Health & Well-being of Diverse Children](#)
3. [Child Care is an Essential Service. What is Needed to Reopen Safely?](#)
2. [COVID-19: How Missing Milestones is Impacting Teen Mental Health](#)

### [CLICK HERE TO REVEAL THE TOP POST OF 2020!](#)

- **Tracking the Pandemic:** Our COVID-Lab forecasting model updates and accompanying weekly blog posts were also widely read over the course of the year. The top COVID-Lab post was [COVID-19 Outlook: America Hangs in the Balance, but Early Evidence of Behavior Shifts](#).
- **Honorable Mention:** As 2020 comes to a close, we also recognize posts from past years that continue to be among our most-read. At the top of this list was a 2019 post by PolicyLab researchers Anushua Bhattacharya and Dr. Alix Timko, [How Perfect is the New Normal? The Impact of Social Media on Disordered Eating](#).

Looking beyond the pandemic, there is a great deal of work to be done on these issues and more in 2021. We look forward to continuing to work together when it will be more important than ever to support the health and well-being of children and families across the country. **Happy New Year!**



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