PolicyLab's Behavioral Health Portfolio Launches Blog Post Series Recognizing Mental Health Awareness Month

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PolicyLab's Behavioral Health Portfolio is recognizing Mental Health Awareness Month with a new blog post series featuring experts and guest authors writing on the immediate and long-term effects of COVID-19 on child and family behavioral health. This series will touch on a wide-variety of topics throughout the month such as the impact the pandemic has on child sleep, long-term mental health, and more. The series kicked off last week with a post from PolicyLab researcher Rhonda Boyd, PhD and clinical psychology PhD student Julia Case, exploring how missed milestones due to the pandemic could impact adolescent mental health.

Read the post here, and be sure to look out for our other blog posts throughout the month of May!

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