

# Urgent Need for Research to Achieve Health Equity for Sexual and Gender Minority Youth

## Date:

Aug 2019

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Sexual and gender minority youth (SGMY) face multiple challenges to their mental and physical well-being, including higher rates of suicide, substance use, and victimization when compared with heterosexual and cisgender youth.<sup>1</sup> This is not due to their being lesbian, gay, bisexual, transgender, or queer and/or questioning (LGBTQ), but rather is a result of shame and stigma imposed by others because of their identity. In this issue of Pediatrics, Coulter et al<sup>2</sup> review interventions that attempt to address these health inequities for SGMY in their article titled “Mental Health, Drug, and Violence Interventions for Sexual/Gender Minorities: A Systematic Review.” Among their most important findings are that only 9 interventions met criteria for inclusion.

Clearly, these findings signal an urgent need for more research. We agree with the authors’ call for inclusion of SGMY in large, population-based studies and more studies specific to SGMY with appropriate comparison groups whenever possible.

## Journal:

[Pediatrics](#)

Authors:

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## Topics

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