

## **Supporting Families with Young Children**

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Families with young children face a number of challenges that can influence a child's opportunities for health and success, ranging from financial insecurity to caregiver depression. The support that families receive during early childhood can lay the foundation for a child's future health outcomes, educational attainment and success in adulthood. This project brief describes three key areas in which PolicyLab researchers are developing and sustaining programs and policies aimed at supporting young children and their families: 1) promoting early childhood language and literacy, 2) supporting social-emotional and healthy development, and 3) supporting caregivers' health and parenting skills.

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