

## PolicyLab Releases New Policy Briefs on Transgender Health Care

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All youth deserve the healthiest start to life possible, but transgender and gender-expansive youth face unique challenges that impact their physical and mental health—challenges that can stem not just from their medical needs, but a health care environment that doesn't sufficiently support them.

This week, we released **new policy briefs** focused on two of the main barriers transgender and gender-expansive youth can face on their paths to becoming healthy, productive adults. The first brief, [“Importance of Improving Insurance Coverage for Transgender and Gender-expansive Youth,”](#) shares research on the problems these youth encounter when trying to access quality health care coverage despite federal rules protecting their health care rights. The second brief, [“Ensuring Providers Have the Knowledge and Support Needed to Care for Transgender Youth,”](#) outlines how insufficient provider training and structural challenges (with electronic medical records or physical spaces) create negative experiences for transgender and gender-expansive youth that can act as barriers to accessing necessary primary care. Both briefs include evidence-based recommendations to ameliorate the problems this vulnerable population faces.

### Nadia Dowshen MD, MSHP

#### Faculty Member



Nadia Dowshen  
MD, MSHP