Evidence to Action Brief: Transitioning to Adult Care: Supporting Youth with Special Health Care Needs
This toolkit provides the following materials to assist you in disseminating the findings of this research to your networks:

- Suggested tweets sharing our Evidence to Action brief (slide 3)
- Suggested tweets sharing the Policy Brief (slide 4)
- Suggested tweets sharing the PolicyLab blog post on the research (slide 5)
- Suggested tweets to accompany downloadable PolicyLab images to share in social media posts (slides 6 - 11)
- Suggested tweets about PolicyLab (slide 12)

Graphics no longer affect Twitter’s character limits and can be included with all suggested tweets. Feel free to tag PolicyLab in images by clicking the “Who’s In This Photo?” button before you send a tweet with an image.

Do not hesitate to contact Lauren Walens (WalensL@email.chop.edu) if you have any questions about these materials.
Transitioning to adult #healthcare is daunting, especially for youth with complex health needs. PolicyLab research: [http://bit.ly/E2A_TransitionsOfCare](http://bit.ly/E2A_TransitionsOfCare)


.@sophiestream explores how to tackle the barriers that #youth w/ complex needs face when switching to adult care: [http://bit.ly/E2A_TransitionsOfCare](http://bit.ly/E2A_TransitionsOfCare)

What policy changes can help youth w/ special health care needs transition into adult care? @PolicyLabCHOP research: [http://bit.ly/E2A_TransitionsOfCare](http://bit.ly/E2A_TransitionsOfCare)

Policy recommendations in this @PolicyLabCHOP brief could have helped Eugene, a vibrant man w/ complex health needs http://bit.ly/PolicyBrief_TransitioningToAdulthoodIDD

Navigating the healthcare system when a patient w/ an intellectual disability turns 21 is very difficult. Policy brief: http://bit.ly/PolicyBrief_TransitioningToAdulthoodIDD

How can policymakers help youth w/ complex medical needs transition to adult care? A @PolicyLabCHOP brief discusses: http://bit.ly/PolicyBrief_TransitioningToAdulthoodIDD

Policymakers can support health systems & providers in offering the best possible care to those w/ #IDD. Learn more: http://bit.ly/PolicyBrief_TransitioningToAdulthoodIDD

### RECOMMENDATIONS FOR HEALTH CARE SYSTEMS

**All health care settings should:**
Routinely assess whether adolescents with Intellectual/Developmental Disabilities (IDD) can make their own medical decisions or indefinitely need caregiver support

**Adult health care settings should:**
Offer sedation services to patients with IDD for common procedures and tests that patients without IDD can generally tolerate without sedation

### RECOMMENDATIONS FOR POLICYMAKERS

**State Medicaid directors should:**
Identify ways to facilitate a seamless transition to adult Medicaid managed care plans for youth with severe disabilities

**Federal policymakers should:**
Consider the already excessive waitlists for long-term adult services when shaping any Medicaid reforms that could impact coverage and availability of such services

For more recommendations, view our Policy Brief on transitioning to adulthood.

Entering adult care can be daunting for the 4 million adolescents w/ special #healthcare needs. @PolicyLabCHOP blog: [http://bit.ly/Blog_TransitionsOfCare](http://bit.ly/Blog_TransitionsOfCare)


A @PolicyLabCHOP blog post discusses programs that help youth w/ special health care needs transition to adult care: [http://bit.ly/Blog_TransitionsOfCare](http://bit.ly/Blog_TransitionsOfCare)

Youth w/ complex medical needs are often unprepared to take on the responsibilities of adult care. @PolicyLabCHOP: [http://bit.ly/Blog_TransitionsOfCare](http://bit.ly/Blog_TransitionsOfCare)
Policy recommendations from this @PolicyLabCHOP brief could have helped John's transition to adult care. Learn more: http://bit.ly/E2A_TransitionsOfCare

John's story is familiar to many youth w/ complex medical needs transitioning to adult care. @PolicyLabCHOP brief: http://bit.ly/E2A_TransitionsOfCare

Poor care coordination led to unnecessary testing and a huge headache for John's mother. @PolicyLabCHOP research: http://bit.ly/E2A_TransitionsOfCare

Patients like John face many barriers when transitioning into adult care. @PolicyLabCHOP provides solutions: http://bit.ly/E2A_TransitionsOfCare

Michael's experience represents the challenges faced by many patients with complex medical needs. Learn more: http://bit.ly/E2A_TransitionsOfCare


It takes lots of time to coordinate the care that youth w/ complex medical needs receive. Learn more: http://bit.ly/E2A_TransitionsOfCare

@PolicyLabCHOP
GotTransition2 created six core elements to guide the transition to adult health care systems. PolicyLab research: http://bit.ly/E2A_TransitionsOfCare

@GotTransition2's six core elements guide the #transition process from pediatric to adult health care. New brief: http://bit.ly/E2A_TransitionsOfCare

A @PolicyLabCHOP study found that many providers are not following @GotTransition2's Six Core Elements. Learn more: http://bit.ly/E2A_TransitionsOfCare

Mapping out a plan helps youth w/ special health care needs transition from pediatric to adult health care. Brief: http://bit.ly/E2A_TransitionsOfCare
Young adults with special health care needs lose many #Medicaid services at age 21. New @PolicyLabCHOP brief: http://bit.ly/E2A_TransitionsOfCare

When youth with special #healthcare needs turn 21, what happens to their benefits? @PolicyLabCHOP research explores: http://bit.ly/E2A_TransitionsOfCare

After age 21, youth with special #healthcare needs lose benefits like #EPSDT and school services. PolicyLab brief: http://bit.ly/E2A_TransitionsOfCare

How can we help patients who fall off the #EPSDT and school services cliff at age 21? New PolicyLab brief discusses: http://bit.ly/E2A_TransitionsOfCare


Adult doctors have varying beliefs on the key elements of the pediatric-to-adult handoff. @PolicyLabCHOP brief: [http://bit.ly/E2A_TransitionsOfCare](http://bit.ly/E2A_TransitionsOfCare)
Learn more about @PolicyLabCHOP’s efforts to inform practice & policy to improve child & family health [http://policylab.chop.edu/](http://policylab.chop.edu/)

Learn how @PolicyLabCHOP is improving & ensuring insurance coverage, #healthequity & overall #familyhealth [http://policylab.chop.edu/](http://policylab.chop.edu/)
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